

Forwards: Finishing Techniques and Off-the-Ball Movement

Finishing Techniques

- Learn proper striking techniques for power and accuracy.
- Drill: Shooting from different angles and under pressure.
- Encourage players to aim for corners to challenge goalkeepers.

Off-the-Ball Movement

- Practice making runs to create space or receive the ball.
- Drill: Simulate attacking scenarios with defenders present.
- Focus on timing runs to avoid offside positions.